



Here's what you get when you join Livongo:

- **Unlimited Strips:** Get as many strips as you need, in addition to a free blood glucose monitor and blood pressure monitor, at no extra charge.
- **Tips to Help You Stay on Track:** Receive useful information that will help you manage your blood sugar and blood pressure and feel your best.
- **Coaching When You Need It Most:** Our Livongo coaches are Certified Diabetes Educators who support you in your journey to better health.
- **Safety and Security:** Your information is safe with us. View and access your records anytime. Share it with your doctors if and when you want to.

Join Today!: get.livongo.com/TOYODAGOSEI/now

We are continually looking for ways to add programs that will enhance our benefits offering and help maintain and improve your health and the health of your family members. If you have any questions about this program, please visit the Livongo website or call Livongo Member Support at (800) 945-4355.

Diabetes Management

FREE glucometer & testing strips



Hypertension Management

FREE blood pressure monitor

